

**Rural Connections:** The Rural Connections Program provides individualized services for transitional youth and adults who are impacted by FASD and are ineligible for other government support programs. The program is within the Brandon and Steinbach regions. This program supports youth and adults living with FASD to function within the community, aiming to increase their quality of life with the aid of environmental adaptations.

**Referral Process:** All referrals are one of three categories: Adult (individuals 18+), CFS Youth (individuals 17 - 21, in the care of Child & Family Services), and Youth at Risk (individuals aged 17, who are not in the care of Child & Family Services).

Referrals are accepted from a number of different sources including self-referrals. To obtain a referral package, please see the contact information below. When submitting a referral, please include all necessary supporting documentation including assessments and social history. Once the intake process is complete, program eligibility is determined by an Intake Review Committee.

**Eligibility:**

**Individuals must:**

- Want the service/support (voluntary program);
- Have a formal diagnosis within the Fetal Alcohol Spectrum OR confirmed alcohol exposure in-utero;
- Be ineligible for funding through Community Living disABILITY Services, Provincial Alternative Support Services, and Community Mental Health;
- Be a minimum of 17 years of age;
- Live within Steinbach / Brandon or a 1 hour drive from Steinbach / Brandon City Center in any direction (according to Google Maps).

**Agency Overview**

The Rural Connections Program is just one of nine programs offered by Life's Journey. Life's Journey is a not-for-profit agency that has been supporting youth and adults living with neurodevelopment and co-occurring disorders since 2005.

Life's Journey is a disability focused service provider with significant input from clinical services including psychology, psychiatry, & Elders as well as an addictions coordinator. We strive to provide services that are clinically informed, culturally relevant, wellness oriented, relationship & strength-based, with environmental adaptations for individual disabilities & challenges.

Life's Journey provides services in a variety of settings including: outreach support and mentorship, family support, supported independent living, various outreach housing settings, home share (foster), shift staffed residences & a day program.

Rural Connections offers: outreach support and mentorship.

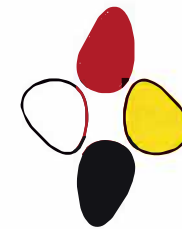
**For more information please contact us at:**

**Phone: 204-772-1591**  
**Fax: 204-772-1784**

**Winnipeg office:**  
125 Higgins Ave.

**Steinbach office:**  
418 Main St.

**Brandon office:**  
725 Princess Ave.



**Life's Journey Inc.**  
*Miikana Pimatiziwin*

**Rural Connections Program**  
**FASD Services**  
**Helping Manitobans Living with FASD**

**Services available to eligible 'CFS Youth',  
'At Risk Youth' and Tier 1 Adults'**

- Up to 4 hours of weekly Outreach Support Mentorship
- Clinical Case Management
- Individualized Transitional / Case Planning
- Community Resource Information
- Assistance with Referrals
- Cultural Services
- Advocacy
- Access to Wellness Programming
- Addictions Programming
- Access to Clinical Consultative Services (Psychiatric, Nurse Practitioner and Occupational Therapy)
- Family Support / Consultation services for those involved
- Housing Support
- Assistance with food bank

**Services available to eligible 'Tier 2 Adults'**

- Clinical Case Management
- Individualized Transitional / Case Planning
- Community Resource Information
- Assistance with Referrals
- Access to: Agency Programming, Cultural and Clinical Consultative Services (Psychiatric, Nurse Practitioner and Occupational Therapist)
- Assistance with food bank
- Housing Support
- Family support / Consultation services for those involved
- Advocacy
- Outreach Support Mentorship on an needed basis (up to 2 hours a week).

**Services available to eligible 'Tier 3 Adults'**

- Community Resource Information
- Assistance with Referrals
- Family Support / Consultation services for those involved
- Advocacy
- Access to Clinical Consultative Services (Psychiatric, Nurse Practitioner, Occupational Therapist)

**Services Available to the Community:**

- Consultation Services
- Assistance with Referrals



**Miikana Pimatziwin**  
Life's Journey Inc.