

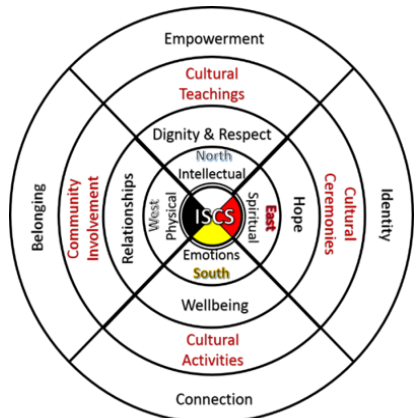
## ***Indigenous Spiritual Care Services***

Indigenous Spiritual Care Services is an integral part our agency. The services are available to all Participants, many of whom are interested in healing through Indigenous ceremonies and traditional practices.

Holistic cultural support is provided using the Medicine Wheel Philosophy, which embraces and unites the agency's values.

Services offered include but are not limited to:

- ◇ Pipe Ceremonies & Feasts
- ◇ Indigenous Counselling
- ◇ Medicine Picking
- ◇ Drum Making
- ◇ Sweatlodges



**Life's Journey Inc.**  
**125 Higgins Ave.**  
**WPG, MB R3B 0B6**

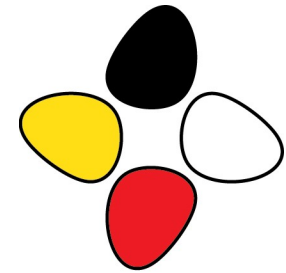
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[LifesJourneyInc.ca](http://LifesJourneyInc.ca)

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**Miikana Pimatiziwin**  
 Life's Journey Inc.



**Life's Journey Inc.**  
**Miikana Pimatiziwin**

**Outreach Program**

## ***Our Values***

### ***Hope***

At Life's Journey we focus on the hopes and courage of people.

### ***Dignity & Respect***

All people have basic rights. We strive for equality and dignity through strong advocacy and a commitment to provide responsive, reliable, and lifelong services.

### ***Wellbeing***

Life's Journey strives to create safe and secure environments that promote health, comfort, and wellness for all.

### ***Relationships***

We focus on building relationships to contribute to a respectful, compassionate, and productive community.

### ***Live with hope. Create your path.***

Programming is streamed into Men's & Women's Outreach, but is open to people anywhere on the gender spectrum. We support transgender people to access programming that reflects their gender identity.

## ***Outreach Program***

The Outreach Programs are just two of the programs offered at Life's Journey, which has been in operation since 2005. We offer collaborative services to help each person reach their goals.

We offer supported independent living services in the community as well as two housing resources.

All Participants are able to access our cultural services, wellness programming, drop-in resources, and our community events and celebrations.

Services and activities offered include but are not limited to:

- ◇ Housing
- ◇ Culture & Wellness
- ◇ Group Programming
- ◇ Individualized Supports
- ◇ Clinical Services
- ◇ Addictions Supports
- ◇ Advocacy & Life Skills

## ***Participant Advisory Committee***

The Participant Advisory Committee (PAC) is made up of Participants from all agency programs. The committee meets regularly and advises the Executive Director of their views on topics including but not limited to:

- ◇ Agency Services
- ◇ Training & Education
- ◇ Activities & Events

PAC hosts a number of events throughout the year, including:

- ◇ Spring & Fall Participant Art Shows
- ◇ Valentine's Day Bowling & Pizza Party
- ◇ Summer BBQ & Fishing
- ◇ Louis Riel Day Jigging Contest

If you visit one of our offices you will see Participant artwork prominently displayed throughout (and on the back of this brochure!).