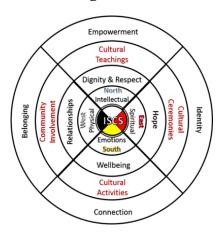
Indigenous Spiritual Care Services

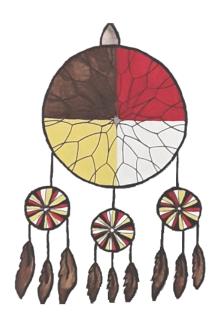
Indigenous Spiritual Care Services is an integral part our agency. The services are available to all Participants, many of whom are interested in healing through Indigenous ceremonies and traditional practices.

Holistic cultural support is provided using the Medicine Wheel Philosophy, which embraces and unites the agency's values.

Services offered include but are not limited to:

- Pipe Ceremonies & Feasts
- **Indigenous Counselling**
- **Medicine Picking**
- **Drum Making**
- **Sweatlodges**





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Home Share

Our Values

Hope

At Life's Journey we focus on the hopes and courage of people.

Dignity & Respect

All people have basic rights. We strive for equality and dignity through strong advocacy and a commitment to provide responsive, reliable, and lifelong services.

Wellbeing

Life's Journey strives to create safe and secure environments that promote health, comfort, and wellness for all.

Relationships

We focus on building relationships to contribute to a respectful, compassionate, and productive community.

Live with hope. Create your path.

Life's Journey provides
programming to people anywhere
on the gender spectrum. We
support transgender people to
access programming that reflects
their gender identity.

Eastman Home Share Program

The Eastman Home Share Program, located in Steinbach, Manitoba, is part of Life's Journey, which has been in operation since 2005. Housing is provided in a shared home setting. Placements are based on match and compatibility, and specialized placements are available. Care and support is available 24 hours a day, 7 days a week.

Participants are able to access our cultural services, wellness programming, drop -in resources, and our community events and celebrations.

Services and activities offered include but are not limited to:

- ♦ Housing
- ♦ Culture & Wellness
- **⋄** Group Programming
- ♦ Individualized Supports
- ♦ Clinical Services
- **♦ Addictions Supports**
- ♦ Advocacy & Life Skills

Participant Advisory Committee

The Participant Advisory
Committee (PAC) is made up of
Participants from all agency
programs. The committee meets
regularly and advises the
Executive Director of their views
on topics including but not
limited to:

- ♦ Agency Services
- ⋄ Training & Education
- ♦ Activities & Events

PAC hosts a number of events throughout the year, including:

- ♦ Spring & Fall Participant Art Shows
- Valentine's Day Bowling & Pizza Party
- ♦ Summer BBQ & Fishing
- ♦ Louis Riel Day Jigging Contest

If you visit one of our offices you will see Participant artwork prominently displayed throughout (and on the back of this brochure!).

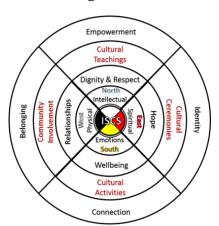
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Eastman Outreach Program

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Eastman Outreach Program

The Eastman Outreach Program provides services in Steinbach, Manitoba as part of Life's Journey, which has been in operation since 2005. We offer collaborative services to help people reach their goals.

Supported independent living services and outreach supports are provided.

All Participants are able to access our cultural services, wellness programming, drop -in resources, and our community events and celebrations.

Services and activities offered include but are not limited to:

- **\lambda** Housing Supports
- ♦ Culture & Wellness
- **⋄** Group Programming
- **⋄** Individualized Supports
- **⋄** Clinical Services
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Residential

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access programming that reflects
their gender identity.

Eastman Residential Program

Located in Steinbach,
Manitoba, the Eastman
Residential Program is just
one of the programs offered
at Life's Journey, which has
been in operation since 2005.
Agency-staffed residential
care housing placements are
available 24-hours a day, 7
days a week. Housing
placement is based on
individual needs and all
Participants are supported
toward their goals.

Participants are able to access our cultural services, wellness programming, drop-in resources, and our community events and celebrations.

Services and activities offered include but are not limited to:

- ♦ Housing
- ♦ Culture & Wellness
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